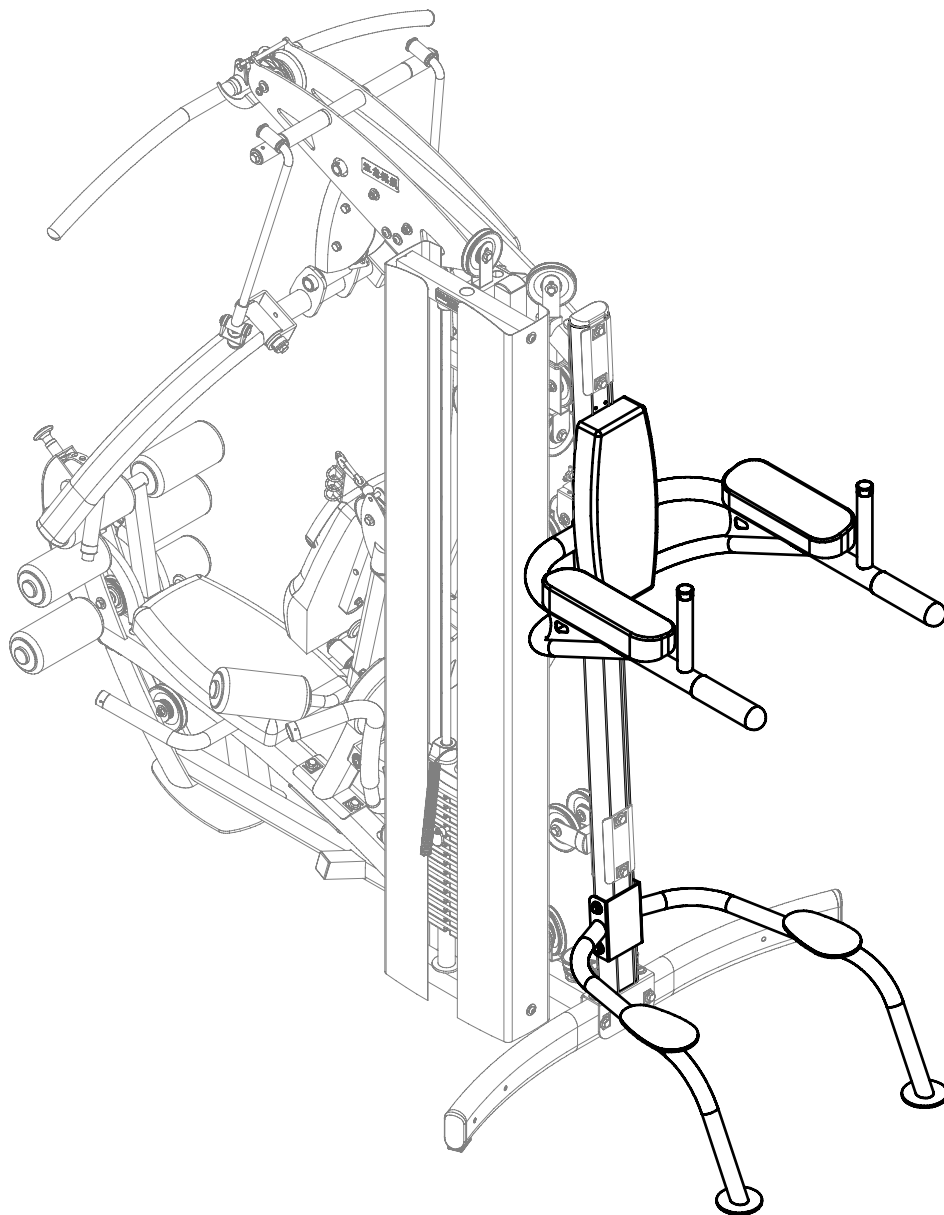


Body-Solid

Art.-Nr. 1111848

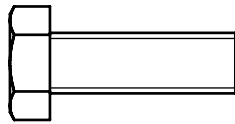
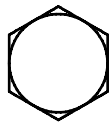


BODY-SOLID, Inc
1900 S.Des Plaines Ave.
Forest Park, IL 60130 USA
Phone:(708)427-3555
Fax:(708)427-3556
www.bodysolid.com

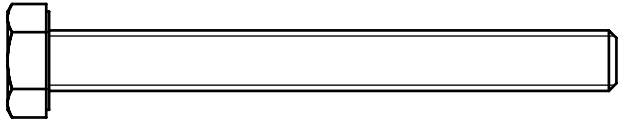
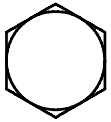
FKR OWNER'S MANUAL

FKR HARDWARE ILLUSTRATION SHEET

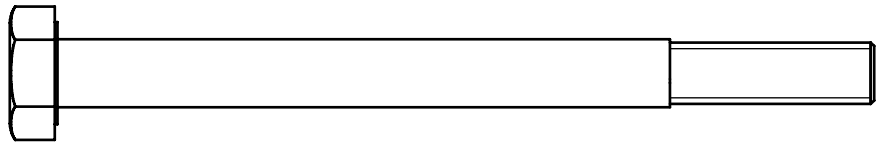
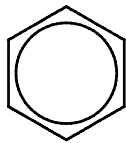
A1.M8X25L HEX BOLT-----[4PCS]



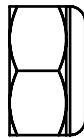
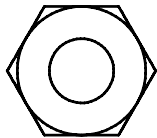
A2.M8X75L HEX BOLT-----[2PCS]



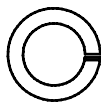
A3.M10X120L HEX BOLT-----[4PCS]



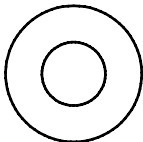
B1.M10 NYLON LOCK NUT-----[4PCS]



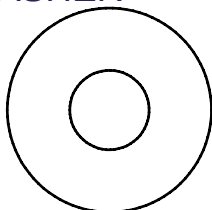
C1.M8 SPRING WASHER -----[6PCS]



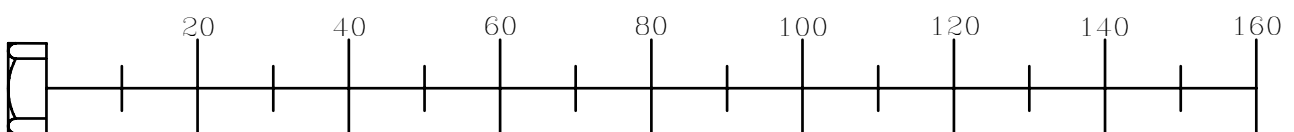
C2.M8 WASHER -----[6PCS]



C3.M10 WASHER -----[8PCS]

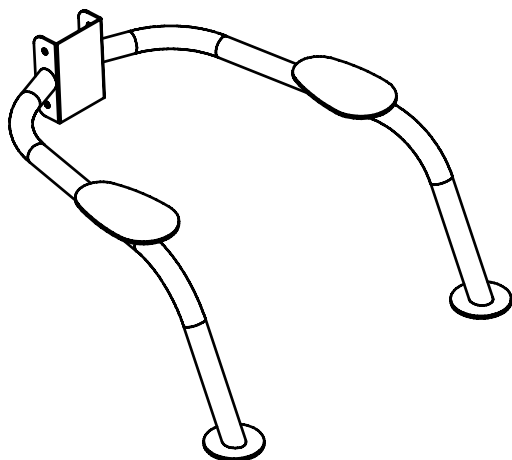


D1.NO-SLIP TAPE (9310-063)-----[2PCS]

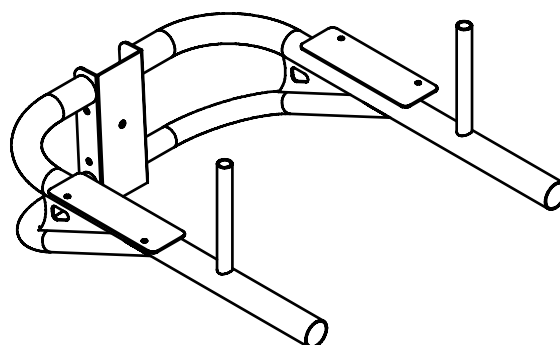


FKR PARTS ILLUSTRATION SHEET

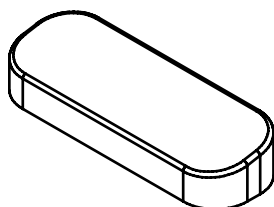
A[1PCS]



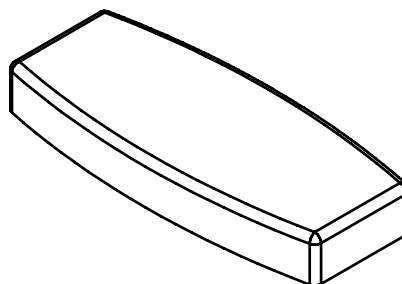
B[1PCS]



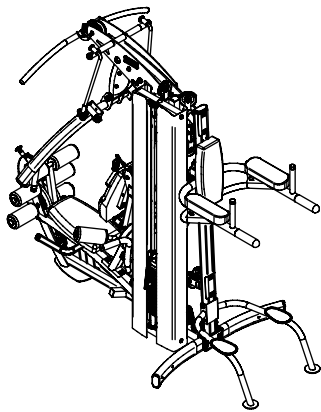
C[2PCS]



D[1PCS]



FKR ASSEMBLY INSTRUCTIONS



Above shows FKR
assembled and completed

